ACTIVITY: ROUGH OUTLINE

**PERFORMING FIRST AID PROCEDURES**

1. Understanding Vital Body Functions for First Aid
2. Breathing Process
3. Respiration
4. Airway
5. Lungs
6. Rib cage
7. Blood Circulation
8. Heartbeat
9. Pulse
   1. Carotid Pulse
   2. Femoral Pulse
   3. Radial Pulse
   4. Posterior Tibial Pulse
10. Adverse Conditions
11. Lack of Oxygen
12. Bleeding
13. Shock
14. Infection