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Strong Foundations
Positive Futures

We're on the Web!
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Steps of CTC

1. Gather interested community people together
2. Carry out a Peninsula wide survey of young people in secondary schools
3. Identify risk and protective factors that lead to problem behaviours in young people
4. Map what services and programs exist around the community to support youth and families
5. Create a Community Action Plan which includes policies, programs & practices that have demonstrated effectiveness to fill identified gaps.
6. Implement plan
7. Evaluate process



A message from the Chairman...

The third annual 'Communities In Control' Conference was recently held in Melbourne and CTC Mornington Peninsula was able to send a small group of Board and LAG members along. Over 1500 participants from all over Australia enjoyed a variety of entertaining and informative high profile national and international speakers.

For me personally it was very inspiring to hear about the amazing achievements of a broad range of community based projects that add quality of life and opportunity for purposeful community involvement.

Perhaps the overwhelming insight is that communities everywhere are greatly enriched by the fantastic contribution made by volunteers. In fact, I would argue that governments cannot do it all. It is a community responsibility to determine local priorities and to strive for worthwhile outcomes for those in our society that are most vulnerable, isolated or disadvantaged. With government providing appropriate funding and facilitating processes, it is often best to let local communities determine their own priorities and come up with the solutions.

Certainly this is what CTC is all about. I am constantly overwhelmed by the voluntary effort and commitment by many people who serve on our board and Local Area Groups. We are making significant progress. Together CTC can make a difference for young people and families in our community.

"It is a community responsibility to determine local priorities and to strive for worthwhile outcomes for those in our society that are most vulnerable,



CTC is coming to the local area of
**Rosebud, Dromana, Arthurs Seat, Safety Beach,
Cape Schank, Boneo, Fingal.**

An information session will be held on Tuesday 16th August.
All members of the community welcome.
For more details contact Robyn on 5950 1668.

CTC is funded by the Victorian Government,
Community Support Fund and the Mornington Peninsula Shire



For information or to get involved in CTC, contact Diana, Victoria or Robyn on Ph:5950 1642.

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COMMUNITIES THAT CARE®

CTC - TARGETING THE REAL ISSUES FACING YOUTH

These days it is fairly well known throughout our community that a nutritious balanced diet, and regular exercise are key factors in avoiding heart disease. As a community however, much less is understood about the key factors necessary in preventing School Failure, Drug Abuse, School Age Pregnancy, Violence and Crime.

As a result of a long term, community wide approach and effective public health campaigns, people are aware now more than ever of the risk and protective factors effecting heart health.

In line with this approach, Communities That Care is a long term youth focused program that aims to identify the specific risk and protective factors that underpin the healthy personal and social development of young people.

Research shows that there are influential risk factors in children's and young

people's lives that increase the chances they will develop health and behaviour problems, as they grow older.

Communities That Care continues to work on the Mornington Peninsula to address some of the identified priority risk and protective factors by helping local communities to work collaboratively to develop Community Action Plans.

Some priority areas include strategies which address poor family discipline, and favorable attitudes to drug use as these have been identified as two risk factors effecting many young people on the Peninsula.

MISSION STATEMENT

To be a sustainable community which is safe, positive and supportive.

THE GROWING TEAM

The staff team of CTC has recently grown to include community worker, Robyn Green. Robyn joins Diana and Victoria with the role of supporting the activities of the Mornington Communities LAG as John Gray steps back to focus on his work with School Focussed Youth Services. Robyn will also begin the work of introducing CTC to the Dromana/Safety Beach/Rosebud/Cape Schank/Boneo areas. She has a background in health promotion and youth work. Robyn looks forward to seeing the CTC process assist young people and families to become more connected with their local community.



The CTC Team
(from left) Robyn Green, Diana Almond, & Victoria Johnson



SOMERVILLE ~ TYABB ~ BAXTER

The focus for the group at the moment is the implementation of our community plan. We are beavering away in small working parties on the following projects that have been prioritised for completion within this year

Good Beginnings

After a successful initial community meeting with Paul Prichard, Deputy National Director, Good Beginnings Australia, a working party has been established to undertake community consultation around the best way to support this project

Rethinking Drinking

A fruitful meeting with Mt Erin and Westernport Secondary Colleges has identified that the program is operating in various forms in both the schools. The work of the CTC subgroup now is to identify how this program can best be supported.



HASTINGS~CRIB POINT~BITTERN~CERBERUS

At the moment the group are focussing their energy on the development of a community volunteers in schools program and supporting parents through developing a program whereby parents clubs and playgroups can access advice and support from parent educators about topics of interest to their group.

The community volunteers in schools project will train, support and coordinate volunteers who could become involved in a range of activities in local schools. These activities could include mentoring students, running reading programs, getting involved in sports activities, or helping out in administration or



Youth Rewards Bank

The group is eagerly awaiting a positive outcome from a submission by Shire Youth Services to access funding to develop the Youth Rewards Bank. The positive reception to this idea from young people in the community suggests this will be a great program if we can get it running.

You Can Do It!

Somerville Primary School has developed a collegiate network so that schools in the area that run this program can meet to discuss ideas and share resources to make the program run as well as possible in schools. Some of the questions shared at the last meeting included 'How can we assess or report on You Can Do It! outcomes for children?'

A big THANKYOU to all those people who have been putting in lots of extra time and energy to get this plan off the ground – things are really starting to happen now! *Victoria*

maintenance. Many of the schools in the area have expressed an interest in participating in the project which would be supported by the Ardoch Foundation.

The group are also supporting the Community Garden and Village project and the You Can Do It! program. We are also pleased that youth workers at Westernport Secondary College and Peninsula Youth and Family Services are supporting young people who are involved with CTC.

Thanks to everyone who is working for their community and supporting CTC – we are starting to make a difference!

Victoria Johnson



MT ELIZA & MORNINGTON

On June 15th and 16th over 50 people from the Mt Eliza and Mornington Communities gathered together at the Mornington Yacht Club for a joint Community Planning workshop.

The workshop was a chance to look at the results of the recently completed Community Strengths and Resources Survey Report. This mapped some of the existing services and programs that currently exist in the local area to support youth and families.

As a result of this workshop, both the Mt Eliza and Mornington Communities have begun to develop separate Community Action Plans which aims to address some of the identified gaps.

Mt Eliza and Mornington Communities regularly hold separate Local Area Group meetings and join together for training workshops. Both communities are working toward developing separate Community Action Plans.

A big thanks to participants in both the survey and the workshop. It is exciting to see the efforts of local people, as they work towards completing a Community Action Plan for both the Mornington Communities & Mt Eliza area.



CTC Board Members:

David Parker (Chair)
Robin Adams
Kym Bridgford
Alan Byers
Karin Carter
John Heynes
Janet Kinley
Rob Macindoe
Anne Shaw
David Stewart
Antony Trivett

“CTC encourages the community as a whole, both the younger members and the adults to work together and understand each other.”

BOARD IDENTITY

Who is who on the CTC board...

Name: Antony Trivett

Home town: St Andrews Beach

Occupation: Regional Manager – Rosebud Campus, Chisholm Institute

Interests or hobbies: Surfing, Fishing, Camping, taking my kids to their sport on the weekends

What do you love about the Mornington Peninsula?

The surf beaches, National Parks, and the Bays. There is a great variety of activities to do, and to take visitors and family to when they come down to

What does CTC mean to you?

CTC means a great deal to me. It enables the local area groups to address issues that are of particular need and interest within their community, and to encourage the community as a whole, both the younger members and the adults to work together and understand each other. The main aspect is that it enables the local communities to benefit from their own activities and plans for their area.

What is your dream for the Mornington Peninsula?

A better public transport system that would be accessible to all residents on the Mornington Peninsula that would enable them to better access educational opportunities, jobs and community activities. This would also include an increase in the educational pathways on the Mornington Peninsula that would allow people to undertake further education without having to leave the Mornington Peninsula.

FORUM FOR PENINSULA CTC KEY LEADERS

Work has begun on engaging the CTC Key Leaders group. This group is made up of decision makers and managers from across the spectrum of youth and family support in the Federal, State and Non-Government sectors.

A forum was held on Wednesday the 15th June to kick-start this process where there was opportunities for Local Area Groups and key Leaders to share ideas.

The role of the Key Leader's group is to;

1. Support the implementation of the Community Plans developed by the Local Area Groups, by exploring the possibilities that may exist in their organisation for

resource allocation/reallocation, strengthening or modification of organisational practices and policies and/or by linking the LAGs into other people or resources that may assist them in their work.

2. Participate in a dialogue with local communities, through the LAGs, that will have the dual advantages of

- Key Leaders providing their up to date policy and political 'big picture' knowledge to the LAGs and
- Key Leaders discovering the community context, aspirations and plans of community members, as articulated by the CTC LAGs.

Victoria Johnson