**Beta blockers:**

* **Protection from catecholamine toxicity in the heart and kidney**
* **Reversal of cardiac remodeling**
* **Blockade of renin release and lowering of Ag II levels**
* **Decrease of arrhythmias.**
* **Effective in mild to moderate and moderate to severe disease**

**Carvelilol (CoReg®)**

* **Non-selective beta-blocker with alpha-1 blocking activity as well as free radical scavenging/anti-oxidant activity and decreases endothelin release**
* **1.56-3.125 mg po QD for 2 weeks, then BID for 2 weeks, and so on to a full dose of 12.5-25 mg po q12h or the highest tolerated dosage**