Many signs of chronic pain are non-specific; rule out anxiety, poor general health, and systemic disease as part of a full workup.

### Pain Score 0
- **Psychological & Behavioral**
  - Happy, energetic
  - Interested in or curious about surroundings
  - Responsive; seeks attention
- **Postural**
  - Comfortable when resting
  - Stands and walks normally
  - Normal weight bearing on all limbs
- **Response to Palpation**
  - Minimal body tension
  - Does not mind touch
  - No reaction to palpation of joint

### Pain Score 1
- **Psychological & Behavioral**
  - Subdued to slightly unsettled or restless
  - Distracted easily by surroundings
  - Responsive; may not initiate interaction
- **Postural**
  - Stands normally, may occasionally shift weight
  - Slight lameness when walking
- **Response to Palpation**
  - Mild body tension
  - Does not mind touch except painful area
  - Turns head in recognition of joint palpation

### Pain Score 2
- **Psychological & Behavioral**
  - Anxious, uncomfortable
  - Not eager to interact with people or surroundings but will look around to see what is going on
  - Loss of brightness in eyes
  - Reluctant to respond when beckoned
- **Postural**
  - Abnormal weight distribution when standing
  - Moderate lameness when walking
  - May be uncomfortable at rest
- **Response to Palpation**
  - Mild to moderate body tension
  - Doesn’t mind touch far away from painful area
  - Pulls limb away during palpation of affected joint
  - Reassess analgesic plan

### Pain Score 3
- **Psychological & Behavioral**
  - Fearful, agitated, or aggressive
  - Avoids interaction with people and surroundings
  - May lick or otherwise attend to painful area
- **Postural**
  - Abnormal posture when standing
  - Does not bear weight on affected limb when walking
  - Guards painful area by shifting body position
- **Response to Palpation**
  - Moderate body tension
  - Tolerates touch far away from affected limb
  - Vocalizes or responds aggressively to palpation of affected joint
  - Reassess analgesic plan

### Pain Score 4
- **Psychological & Behavioral**
  - Stuporous, depressed
  - Potentially unresponsive to surroundings
  - Difficult to distract
- **Postural**
  - Reluctant to rise and will not walk more than 5 strides
  - Does not bear weight on limb
  - Appears uncomfortable at rest
- **Response to Palpation**
  - Moderate to severe body tension
  - Dislikes or barely tolerates any touch (may be experiencing allodynia, wind-up, or fearful that pain could be made worse)
  - Will not allow palpation of joint
  - Reassess analgesic plan

Additional Comments: