Reflexive Pronouns

[Reflexive pronouns](https://grammar.yourdictionary.com/parts-of-speech/pronouns/reflexive-pronoun.html) are similar to intensive pronouns. The difference between the two is that intensive pronouns aren't essential to a sentence's meaning. Meanwhile, reflexive pronouns are. Also, they're used when the subject and the object of a sentence refer to the same person or thing. These pronouns end in -self or -selves. They are:

* myself
* yourself
* himself
* herself
* itself
* ourselves
* yourselves
* themselves

For example:

* I told **myself** not to spend all my money on new shoes.
* You're going to have to drive **yourself** to the restaurant today.
* We gave **ourselves** plenty of extra time.
* They bought **themselves** a new car.