

Table 2

Relative Potencies of Commonly Used Corticosteroids			
Compound	Relative Glucocorticoid Activity	Relative Mineralocorticoid Activity	Duration of Effect^a (Alcohol Form)
Cortisol	1	1	S
Prednisone	5	0.8	I
Prednisolone	5	0.8	I
Methylprednisolone	5	0.5	I
Fludrocortisone	10	125	I
Isoflupredone	25	25	L
Triamcinolone	5	0	I
Triamcinolone acetonide	30	0	I
Dexamethasone	25	0	L
Betamethasone	25	0	L
Flumethasone	120	0	L

^a S=short (~12hr), I=intermediate (~24hr), L=long (~48–72hr)