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Home Anti Inflammatory Remedies for Dogs Natural Remedies for Dog Pain

Posted By [Diane Quinn](#) On October 7, 2013 @ 5:29 am In [Dog Care and Health - Other](#) | [Comments Disabled](#)

Many people today are seeking natural remedies for pain management for themselves and for their dogs. Because larger dogs are prone to painful degenerative joint disease and arthritis, people are seeking home anti-inflammatory remedies for dogs.

Before giving any home remedy medicine to your dog, be sure to consult with your veterinarian to determine the source of your dog's pain. Your veterinarian will also know if there are any counter indications to be avoided should your dog already be taking other medications or supplements.

Many veterinarians today are open to alternative pain therapies because they know that they cost less than traditional anti-inflammatory medicine for dogs. Proper dosage of any home anti-inflammatory remedy should also be discussed. By consulting with your veterinarian, they may also recommend a dietary weight loss plan and a controlled exercise program to help your dog's long term pain management.

There are a few home anti-inflammatory remedies for dogs that are inexpensive and easy to get if you don't already have them in your home. Never open your medicine cabinet and give your dog any human drugs. They are dangerous for dogs and could make them sick or even kill them. There is one exception—controlled doses of aspirin under the strict supervision of your veterinarian.

Home Anti-inflammatory Remedies for Dogs

> Apple Cider Vinegar – Unfiltered works best and is a well known high alkalinity remedy to reduce acid in people's diets. Controlled doses work for people and dogs to lower acid levels which, when too high, help arthritis thrive. However, using apple cider vinegar is not a long term fix. That will require putting your dog on a less acidic but higher alkalinity rich diet to prevent long-term acid problems.

> Molasses – Some dog owners, seeking natural home remedies for their older dogs suffering from arthritis, have discovered that their dogs are responding with new energy and better movement by adding a good quality molasses, like blackstrap, to their dog's diet. One dosage suggestion is to add ¼ cup of molasses to their food for dogs that weigh 30-40 pounds.

> Vitamin C – Large doses are being used to slow the progression of arthritis and accompanying pain in dogs. Only buffered vitamin C (or sodium ascorbate) is recommended to avoid nausea. Like any new supplement that you give your dog, begin with a low dosage after taking into account your dog's size. Then gradually increase the dosage once or twice a year. If diarrhea occurs, you will know that your dog is getting too much. Recommended dosages are: Small dogs 500-1,000 mg, Medium to large dogs, 1,000-2,000 mg, and for huge dogs, 2,000-4,000 mg.

> There are also herbal products developed for dogs to ease arthritis and degenerative joint pain like turmeric, MSM and glucosamine.

If you feel that your dog is in pain and needs help using an anti-inflammatory, consult with your veterinarian in order to discuss the best home anti-inflammatory remedies for dogs.

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