Adverbs of Frequency

Adverbs of frequency let us know how often the verb occurs. Therefore they mostly modify verbs. These adverbs tend to appear right before the main verb in the sentence. Popular adverbs in this category include:

- again
- always
- never
- normally
- rarely
- seldom
- sometimes
- usually

Here they are in action:

- I **always** read a book before bed.
- Does he **normally** walk his dog at this time?
- She **usually** shops at the Korean market in town.