

Box 2

Ground rules for the Doctoring to Heal discussion group

- Confidentiality: all information shared during the discussion group is strictly confidential to those in attendance
- Individual participation in a group process: all participants are invited to speak to the extent that they wish. Choosing not to speak is respected, and those who speak are asked to respect the time of others wishing to share their thoughts
- Listening: during the sharing of stories, listeners are asked to allow the speaker to speak without interruption and to respond with a few moments of silence at the end of the story
- Personal experience: all participants are asked to speak from their own experience and to refrain from commenting on others' stories (deferring specific positive and negative comments and raising general issues only later during the discussion)

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